CHC30408
CERTIFICATE III IN DISABILITY

4lifecollege.edu.au
This nationally recognised qualification can prepare you for an exciting career in the disability sector.

This industry is set to expand with the launch of the National Disability Insurance Scheme (NDIS) and demand for skilled staff will become greater. The Community Services and Health Industry is the fastest growing industry in Australia.

4Life delivery combines both classroom-based theory study with practical training in a simulation lab where industry specific skills are taught and developed before undertaking a compulsory work placement with a disability organisation. The work placement may be in a group home, in-home respite care, hostel environment or part of out of home care team.

With this qualification you will be able to:

› Carry out activities to maintain personal care and may also assist clients with activities of daily living.
› Ensure activities and services relate to the individualised plan.

Is the career path right for you?

If you are compassionate with a genuine desire to help others, have high energy and enthusiasm and an ability to connect with people, then this is the right career path for you.

Career Opportunities

› Disability Support Worker
› Accommodation Support Worker
› Care Worker
› Community Support Worker
› In-home Respite Care Worker
› Community House Worker
› Client Assistant

COURSE DETAILS

Delivery Mode

Full-time interactive classroom based training, including role plays, simulations and compulsory work placement.

Assessment Methods

› In-class activities
› Case studies
› Short answer questions
› Simulations
› Projects
› Presentations
› Workplace observations
› Workplace activities
› Workplace logbook

Learning Materials

› Textbook – ‘The Disability Support Worker’ Geoff Arnott
› Learner Guide
› Additional readings
› Web links to articles
› DVDs and Youtubes
› Work Placement Guide
Entry Requirements

**English language requirements:** This course requires you to read learner guides, articles, handouts and assessments. You require a level of English proficiency to undertake in class discussions and simulations with your trainer and fellow learners, and also whilst on work placement. IELTS score 5.5 or a TOEFL score of at least 550, or at least 190 in the computer–based TOEFL. Or completion of English language test available on campus.

**Age:** 18 years and over

**Education requirements:** Year 11 or equivalent

**Fitness:** Work in this industry can be physically demanding, therefore learners need to be reasonably physically fit as the role involves providing direct personal care including showering, toileting and manual handling of an aged adult. Bending, reaching, stretching and kneeling are common movements required by Disability Support Workers.

**Duration**

**Duration:** 31 weeks including work placement. 20 hours per week contact is mandatory. Depending on your intake and Australian State of enrolment, the following options exist:

- Monday to Wednesday.
- Thursday to Saturday – NSW only.
- Evenings Sunday to Thursday – NSW only.

Work placement is undertaken in your enrolled 20 hours per week contact. However, evening students will be required to undertake work placement during the day.

**INTAKE DATES**

- 11th April 2016
- 4th July 2016
- 11th October 2016
- 9th January 2017
- 3rd April 2017

**Articulation Pathways**

At the completion of CHC30408 Certificate III in Disability, learners may decide to undertake the CHC40312 Certificate IV in Disability.

**RPL:** RPL kit available on request.

**Why select 4Life for your Certificate III in Disability?**

**Your course:** This is a highly interactive course where you will learn skills in our simulation lab, giving you the confidence in your ability to undertake your work placement. This gives employers peace of mind as they do not have to train you in basic skills that should be known before you start your placement.

On the day you start, most employers will undertake an orientation of their organisation including Work Health & Safety. You may also be required to sign a confidentiality agreement.
**Your Trainers** have many years’ experience working in the disability field. All have current industry experience and related qualifications. They are passionate about preparing students to work in this exciting growth industry. “Empowering people living with a disability is such a rewarding experience.”

**4Life staff** are here to help you succeed and we want nothing more than to help you graduate.

Some of the ways 4Life can assist you are by:

› Providing on-going contact and personalised support.

› Making a wide range of personal and academic support available to assist you to succeed.

4Life offers a framework of positive education while you develop the skills to become an effective Disability Worker. Your days will be filled with group discussions, written activities, role plays, interactive class activities and practical skill development, all expertly designed to assist you to understand and work as a Disability Support Worker.
Course structure: This course has 14 units of competency, which includes 9 core units and 5 elective units. Our classroom-based course is delivered as below:

<table>
<thead>
<tr>
<th>ORDER OF STUDIES</th>
<th>UNIT CODE</th>
<th>UNIT TITLE</th>
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</thead>
<tbody>
<tr>
<td>Study Period 1</td>
<td>CHCDIS301C</td>
<td>Work effectively with people with a disability</td>
</tr>
<tr>
<td>Introduction to Disability</td>
<td>CHCDIS302A</td>
<td>Maintain an environment to empower people with disabilities</td>
</tr>
<tr>
<td></td>
<td>CHCAC318B</td>
<td>Work effectively with older people</td>
</tr>
<tr>
<td>Study Period 2</td>
<td>CHCWHS312A</td>
<td>Follow WHS safety procedures for direct care work</td>
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<tr>
<td>Health and Safety</td>
<td></td>
<td></td>
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<tr>
<td>Study Period 3</td>
<td>CHCDIS323A</td>
<td>Contribute to skills development &amp; maintenance</td>
</tr>
<tr>
<td>Skills and Wellbeing</td>
<td>CHCICS303A</td>
<td>Support individual health and emotional wellbeing</td>
</tr>
<tr>
<td>Study Period 4</td>
<td>CHCICS301B</td>
<td>Provide support to meet personal care needs</td>
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<tr>
<td>Planning and Conducting</td>
<td>CHCICS302B</td>
<td>Participate in the implementation of individualised plans</td>
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<tr>
<td>Personal Care</td>
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<tr>
<td>Study Period 5</td>
<td>CHCCS411C</td>
<td>Work effectively in the community sector</td>
</tr>
<tr>
<td>Industry Knowledge</td>
<td>CHCCS400C</td>
<td>Work within a relevant legal and ethical framework</td>
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<tr>
<td></td>
<td>CHCDIS322A</td>
<td>Support community participation and inclusion</td>
</tr>
<tr>
<td>Study Period 6</td>
<td>CHCICS305B</td>
<td>Provide behaviour support in the context of individualised plans</td>
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<tr>
<td>Behaviour Support</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Study Period 7</td>
<td>HLTHIR403C</td>
<td>Work effectively with culturally diverse clients and co-workers</td>
</tr>
<tr>
<td>Electives Units</td>
<td>HLTAID003</td>
<td>Provide first aid</td>
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Other elective units are available on request. Please note these may not be taught in a classroom environment. Delivery may vary slightly with practical skills introduced in Module 1.
**Work Placement**

Most units in this qualification require assessment to be undertaken in the workplace. There are 240 hours of work placement in this course.

4Life will arrange and coordinate your work placement. However, many students find work placement themselves near where they live. 4Life will support students who nominate this as their preference.

Workplace assessment involves evaluation of the student, over a range of practical skills, under actual workplace conditions and over several occasions. Students will be well prepared for their placement, as they will have practiced these skills under the supervision of their 4Life Trainer in the 4Life simulation lab before commencing their work placement.

Students currently employed in an appropriate disability organisation may complete their assessment requirements within their own workplace and do not need to find a host employer.

Workplace assessments consist of three individual parts:

a) Logbook, which requires the learner to document the hours worked, including a range of practical tasks observed by their work buddy or supervisor.

b) Observation by their trainer while the learner carries out a variety of tasks while working with their clients and/or other team members.

c) Related written assessment tasks that vary from reflection to writing case notes and understanding the organisation’s policies, procedures and operations.

*Please note work placement is not paid work.*

**Insurance**

4Life College provides insurance cover for the compulsory work placement and will provide your host employer with an insurance certificate.

**Additional Requirements**

Prior to commencing work placement there are a range of requirements that you may need to meet. These include:

**National Criminal Record Check**

Prior to commencing work placement, students will be required to undertake a Criminal Record Check (CRC) to obtain a National Police Certificate.

**Working with Children Check**

Before commencing work placement, students who are working with people under the age of 18 will be required to have completed a Working With Children Check.

**NSW:** Commission for Children and Young People Student Declaration: declaration form, which students must provide to the state Public Health Facility. This form declares that the student is not prohibited from working with children and young people.

**SA:** Department for Communities and Social Inclusion (DCSI) child related employment screening check.

**SA Only:** Students will also be required to complete Department for Communities and Social Inclusion (DCSI) disability-related employment screening check before they commence placement.

Please note that the above costs are the responsibility of the student and not included in course fees.

**Uniform:** 4Life College provides students on work placement with two (2) polo shirts.

Whilst on work placement students are required to wear navy or black slacks/trousers/skirt and enclosed flat soled shoes (not sports runners). These costs are the responsibility of the student.
GETTING HERE IS EASY

SYDNEY – AUSTRALIA  IN THE HEART OF SYDNEY CBD

4Life College is located at Level 2, 269 Sussex Street, Sydney, with many nearby transport options including buses and trains. In the heart of the CBD you are close to Sydney Harbour, restaurants, cafes and shops galore.

ADELAIDE – SOUTH AUSTRALIA  10 MINUTES FROM ADELAIDE CBD

4Life College is located at Suite 9, 311 Glen Osmond Road, Glenunga. Surrounded by eateries and shops, just minutes from the Adelaide city centre, there are many bus links you can access to get you here quickly and easily.