This nationally recognised qualification will enhance your existing skills as an aged care worker.

Community Services and Health is Australia’s largest industry grouping employing 9% of the workforce (ABS 2012a). An ageing population, a decline in births and an increasing lifespan all contribute to this growth.

This growth rate means there is a need for qualified care workers who have great skills to work with the elderly.

With this certificate you combine both classroom-based theory studies with practical training in a simulation lab where industry specific skills are taught and developed before undertaking a compulsory vocational work placement with a disability organisation.

You need to be able to:

› Carry out daily activities to maintain an individual’s wellbeing through personal care.
› Provide services to individuals with complex needs.
› Promote independence and community.

Is the career path right for you?

You need compassion and a genuine desire to help the elderly, high energy and enthusiasm and an ability to connect with people.

It is recommended that students are working in the industry either in paid work or as a volunteer before commencing the Certificate IV or have completed the Certificate III in Aged Care.

Career Opportunities

› Personal care assistant
› Aged care worker
› Residential care worker
› Accommodation support worker
› Assisting in nursing
› In-home respite worker
› Care team leader
› Care supervisor
Articulation Pathways

Students may elect to undertake HLT51612 Diploma of Nursing (Enrolled-Division 2 nursing) or enrol in a Bachelor of Nursing degree at university.

Others may decide to broaden their community services skills and study CHC52015 Diploma of Community Services, CHC50612 Diploma of Counselling or CHC50315 Diploma of Mental Health.

English Language Requirements

This course requires you to read learner guides, articles, handouts and assessments. You require a level of English proficiency to undertake in-class discussions and simulations with your trainer and fellow learners, and also whilst on work placement.

IELTS score 5.5 or a TOEFL score of at least 550, or at least 190 in the computer-based TOEFL.

Or completion of English language test available on campus.

Age: 18 years and over

Education requirements: Year 11 or equivalent

Fitness: Work in this industry can be physically demanding and learners need to be reasonably fit. Bending, reaching, stretching and kneeling are common movements required by aged care workers.

Duration

Work placement is compulsory. Learners are required to undertake a 120 hours to maximum of 240 hours of work placement. Please note that 120 hours equates to 15 standard nursing shifts. Work placement shifts usually begin at 7.00am and finish at 3.30pm.

28 weeks including work placement. 20 hours per week is mandatory. Depending on your intake and Australian State of enrolment, the following options exist:

Monday to Wednesday

Thursday to Saturday – NSW only

Evenings Sunday to Thursday – NSW only

INTAKE DATES

› 11th January, 2016
› 11th April, 2016
› 4th July, 2016
› 31st October, 2016

RPL: RPL kit available on request.

Why select 4Life for your Certificate IV in Aged Care?

Your course: This is a highly interactive course where you will learn skills in our simulation lab, giving you the confidence in your ability to undertake your work placement. This gives employers peace of mind as they do not have to train you in basic skills that should be known before you start your placement. On the day you start most employers will undertake an orientation of their organisation including Work Health & Safety. You may also be required to sign a confidentiality agreement.
COURSE DETAILS

Pre-requisites

To be eligible to enrol in Certificate IV in Aged Care you must have completed the following units from

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHC30212</td>
<td>Certificate III in Aged Care (or their equivalent).</td>
</tr>
<tr>
<td>CHCAC318B</td>
<td>Work effectively with older people.</td>
</tr>
<tr>
<td>CHCAC319A</td>
<td>Provide support to people living with dementia.</td>
</tr>
<tr>
<td>CHCCS411C</td>
<td>Work effectively in the community sector.</td>
</tr>
<tr>
<td>CHCICS303A</td>
<td>Support individual health and emotional wellbeing.</td>
</tr>
<tr>
<td>CHCPA301B</td>
<td>Deliver care services using a palliative approach.</td>
</tr>
<tr>
<td>HLTAP301B</td>
<td>Recognise healthy body systems in a health care context.</td>
</tr>
</tbody>
</table>

These pre-requisites requirements must be obtained prior to commencement of this course through training programs offered at the college or through a recognition process (RPL).

Delivery Mode

Interactive classroom-based training, including role plays, simulations, demonstration of skills and compulsory work placement.

Assessment Methods

› In-class activities
› Case studies
› Short answer questions
› Simulations
› Projects
› Demonstrations
› Workplace observations
› Workplace activities
› Workplace logbook

Learning Materials

Textbook:
› ‘The Disability Support Worker’ Geoff Arnott
› Learner guides
› Additional readings
› Web links to articles
› DVD’s and Youtubes
› Work Placement Guide
Your Course

This is a highly interactive course where you will learn skills in our simulation lab, giving you the confidence in your ability to undertake your work placement. This gives employers peace of mind as they do not have to train you in basic skills that should be known before you start your placement.

On the day you start, most employers will undertake an orientation of their organisation including Work Health and Safety. You may also be required to sign confidentiality agreement.

Your trainers have many years’ experience in working in aged care. All have current industry experience and related qualifications. They are passionate about preparing students to work in with the elderly. “Aged care workers make a valuable contribution to the daily lives of the elderly and deliver high-quality services to the aged.”

4Life staff are here to help you succeed and we want nothing more than to help you graduate.

Some of the ways we can assist you are by:

› Providing on-going contact and personalised support.
› Making a wide range of personal and academic support available to assist you to succeed.

4Life offers a framework of positive education while you develop the skills to become an effective aged care worker. Your days will be filled with group discussions, written activities, role plays, interactive class activities and practical skill development, all expertly designed to assist you to understand and work as an aged care worker.
Course structure: This course has 15 units of competency, which includes 10 core units and 5 elective units. Our classroom–based course is delivered as below.

<table>
<thead>
<tr>
<th>ORDER OF STUDIES</th>
<th>UNIT CODE</th>
<th>UNIT TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Period 1 – Supporting clients</td>
<td>CHCICS401B</td>
<td>Facilitate support for personal care needs</td>
</tr>
<tr>
<td></td>
<td>CHCAC417A</td>
<td>Implement interventions with older people at risk of falls</td>
</tr>
<tr>
<td></td>
<td>CHCICS402B</td>
<td>Facilitate individualised plans</td>
</tr>
<tr>
<td>Study Period 2 – Supporting clients with specific needs</td>
<td>CHCAC412B</td>
<td>Provide services to older people with complex needs</td>
</tr>
<tr>
<td></td>
<td>CHCAC416A</td>
<td>Facilitate support responsive to the specific nature of dementia</td>
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<tr>
<td></td>
<td>HLTAP401B</td>
<td>Confirm physical health status</td>
</tr>
<tr>
<td>Study Period 3 – Legislation</td>
<td>CHCCS400C</td>
<td>Work within a relevant legal and ethical framework</td>
</tr>
<tr>
<td></td>
<td>CHCAD401D</td>
<td>Advocate for clients</td>
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<tr>
<td></td>
<td>CHCWHS312A</td>
<td>Follow WHS safety procedures for direct care work</td>
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<tr>
<td>Study Period 4</td>
<td>CHCNET404B</td>
<td>Facilitate links with other services</td>
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<td></td>
<td>CHCINF403E</td>
<td>Coordinate information systems</td>
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<tr>
<td>Study Period 5</td>
<td>CHCORG406C</td>
<td>Supervise work</td>
</tr>
<tr>
<td>Study Period 6 – Electives</td>
<td>HLTAID003</td>
<td>Provide first aid</td>
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<tr>
<td></td>
<td>HLTHIR403C</td>
<td>Work effectively with culturally diverse clients and co-workers</td>
</tr>
<tr>
<td></td>
<td>CHCDIS301C</td>
<td>Work effectively with people with a disability</td>
</tr>
</tbody>
</table>

Please note the delivery may vary slightly.
**Work Placement**

Most units in this qualification require assessment to be undertaken in the workplace. There are 120 hours of work placement in this course.

4Life will arrange and coordinate your work placement, however many students find work placement themselves near where they live.

Workplace assessment involves evaluation of the student, over a range of practical skills, under actual workplace conditions and over several occasions. Students will be well prepared for their placement as they will have practised these skills under the supervision of their 4Life trainer.

Students currently employed in an appropriate workplace may complete their assessment requirements within their own workplace and do not require finding a host employer.

Workplace assessments consist of three individual parts:

a) Logbook, which requires the learner to document the hours worked including a range of practical tasks observed by their buddy or supervisor.

b) Observation by their trainer carrying out a variety of tasks while working with their clients and or other team members.

c) Related written assessment tasks that vary from reflection to writing case notes and understanding policies, procedures and operations.

Please note work placement is not paid work.

**Additional Requirements**

Prior to commencing work placement there are a range of requirements that you may need to meet. These include:

**National Criminal Record Check**

Students will be required to undertake a Criminal Record Check (CRC) to obtain a National Police Check. Students need to apply at least 6 weeks prior to undertaking work placement.

Please note that the above costs are the responsibility of the student and not included in course fees.

**Uniform:** 4Life College provides students on work placement with two (2) polo shirts.

Whilst on work placement students are required to wear navy or black slacks/trousers/skirts and enclosed flat soles shoes (not sport runners). These costs are the responsibility of the student.

**Insurance**

4life College provides insurance cover for the compulsory work placement and will provide an insurance certificate to your host employer.
GETTING HERE IS EASY

SYDNEY – AUSTRALIA  IN THE HEART OF SYDNEY CBD

Sydney – Australia
Level 2, 269 Sussex Street,
Sydney, New South Wales 2000
Telephone: +61 8 8338 7723
Email: sydney@4lifecollege.edu.au

4Life College is located at Level 2, 269 Sussex Street, Sydney, with many nearby transport options including buses and trains. In the heart of the CBD you are close to Sydney Harbour, restaurants, cafes and shops galore.

ADELAIDE – SOUTH AUSTRALIA  10 MINUTES FROM ADELAIDE CBD

Adelaide – Australia
Suite 9, 311 Glen Osmond Road,
Glenunga, South Australia 5064
Telephone: +61 8 8338 7723
Email: adelaide@4lifecollege.edu.au

4Life College is located at Suite 9, 311 Glen Osmond Road, Glenunga. Surrounded by eateries and shops, just minutes from the Adelaide city centre, there are many bus links you can access to get you here quickly and easily.

4Life Pty Ltd
Registered Training Organisation
National Provider Number: 40185
CRICOS Provider Code: 03222F

Information provided in this brochure is current at the date of publication, and may be subject to change. V6-150529