This nationally recognised qualification can prepare you for an exciting career working with elderly people in a variety of environments.

Contributing significantly to the nation’s economy and welfare, “Community Services and Health is Australia’s largest industry grouping, employing 9% of the workforce.” (ABS 2012a)

With Australia having an ageing population, demand for workers in this field will continue to grow.

4Life delivery combines both classroom-based theory study with practical training in a simulation lab where industry specific skills are taught and developed before undertaking a compulsory vocational work placement in an aged care facility, respite care or hostel environment.

With this qualification you will be able to:

› Carry out activities to maintain personal care, assisting the elderly person with activities of daily living.
› Ensure activities and services relate to their individualised plan.
› Support individual health and emotional wellbeing.
› Assist clients with dementia and palliative care.

Is the career path right for you?

If you are compassionate with a genuine desire to support the elderly, have motivation and enthusiasm with the ability to connect with people, then this is the right career path for you.

Career Opportunities

› Personal care assistant
› Aged care worker
› Residential care worker
› Accommodation support worker
› Assisting in nursing
› In-home respite worker

COURSE DETAILS

Delivery Mode

Option 1: Blended learning
2 days face-to-face and online self directed learning

Option 2: Online and skill workshops
Please note: Both options have 120 hours compulsory work placement.

Assessment Methods

› On-line quiz
› Case studies
› Short answer questions
› Simulations
› Projects
› Presentations
› Workplace observations
› Workplace activities
› Workplace logbook

Learning Materials

› McGraw Hill Educator Connect Master
› Additional readings
› Web links to articles
› DVD’s and You tubes
› Work Placement Guide

Funding

This course is Austudy/Abstudy approved. You will need to apply directly to Centrelink for information on eligibility.
Entry Requirements

**English language requirements:** This course requires you to read learner guides, articles, handouts and assessments. You require a level of English proficiency to undertake in-class discussions and simulations with your trainer and fellow learners, and also whilst on work placement.

- English proficiency to Year 10 level
- Language Literacy and Numeracy Test undertaken pre enrolment
- **Age:** 16 years and over
- **Education requirements:** Year 10 or equivalent

**Fitness:** Work in this industry can be physically demanding therefore learners need to be reasonably physically fit as the role involves providing direct personal care, including showering, toileting and manual handling of an aged adult. Bending, reaching, stretching and kneeling are common movements required by aged care workers.

**Duration**

16-26 weeks depending on your training plan and includes compulsory work placement. Learners are required to undertake 120 hours of work placement. Please note that 120 hours equates to 15 standard nursing shifts. Work placement shifts usually begin between 6.00-7.00am and finish between 3.00-3.30pm.

**Articulation Pathways**

At the completion of CHC33015 Certificate III in Individual Support (Ageing) learners may decide to undertake CHC43015 Certificate IV in Ageing Support.

**RPL:** RPL kit available on request.

SA & NSW INTAKE DATES

Rolling Student Intake (Please ring 1300 245 433 for next available start date).

Why select 4Life?

**Your course:** This is a highly interactive course where you will learn skills in our simulation lab, giving you the confidence in your ability to undertake your work placement. This gives employers peace of mind as they do not have to train you in basic skills that should be known before you start your placement.

On the day you start, most employers will undertake an orientation of their organisation including Work Health & Safety. You may also be required to sign a confidentiality agreement.
Your trainers have many years experience working in Aged Care. All have current industry experience and related qualifications. They are passionate about preparing students to work in this exciting growth industry.

“Looking after our older people is such a unique and rewarding experience”.

4Life staff are here to help you succeed and we want nothing more than to help you graduate.

Some of the ways 4Life can assist you are by:

› Providing on-going contact and personalised support.
› Making a wide range of personal and academic support available to assist you to succeed.

4Life offers a framework of positive education while you develop the skills to become an effective aged care worker. Your days will be filled with group discussions, written activities, role plays, interactive class activities and practical skill development, all expertly designed to assist you to understand and work as an aged care worker.
Certificate III in Individual Support (Ageing)

Course Structure: This qualification has 13 units of competency, which includes 7 core units and 6 elective units of which three must come from the Ageing specialisation.

<table>
<thead>
<tr>
<th>ORDER OF STUDIES</th>
<th>CODE</th>
<th>UNIT TITLE</th>
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<tbody>
<tr>
<td>Study Period 1</td>
<td>CHCDIV001</td>
<td>Work with diverse people</td>
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<tr>
<td>Working in the</td>
<td>CHCCOM005</td>
<td>Communicate and work in health or community services</td>
</tr>
<tr>
<td>Industry</td>
<td>CHCLEG001</td>
<td>Work legally and ethically</td>
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<tr>
<td></td>
<td></td>
<td>Work with diverse people</td>
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<tr>
<td>Study Period 2</td>
<td>HLTAAP001</td>
<td>Recognise healthy body systems</td>
</tr>
<tr>
<td>Client Support</td>
<td>CHCCCS015</td>
<td>Provide individualised support</td>
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<tr>
<td></td>
<td>CHCCCS011</td>
<td>Meet personal support needs</td>
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<tr>
<td></td>
<td>CHCCCS013</td>
<td>Provide basic foot care</td>
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<tr>
<td>Study Period 3</td>
<td>HLTWHS002</td>
<td>Follow safe work practices for direct client care</td>
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<tr>
<td>Working Safely</td>
<td>HLTINF001</td>
<td>Comply with infection control</td>
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<td></td>
<td>HLTAID003</td>
<td>Provide First Aid</td>
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<tr>
<td>Study Period 4</td>
<td>CHCCCS023</td>
<td>Support independence and wellbeing</td>
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<tr>
<td>Welfare aged care</td>
<td>CHCAGE001</td>
<td>Facilitate the empowerment of older people</td>
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<td>specialist skills</td>
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<td>Study Period 5</td>
<td>CHCAGE005</td>
<td>Provide support to people living with dementia</td>
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<td>Dementia</td>
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Please note that delivery may vary slightly.
Work Placement

This qualification has a mandatory 120 hours of work placement.

Work placement shifts usually begin 6.30am and finish at 3.00pm.

4Life will arrange and coordinate your work placement. However, many students prefer to find their own work placement and 4Life will support students who nominate this as their preference.

Workplace assessment involves evaluation of the performance of the student, over a range of practical skills, under actual workplace conditions and over several occasions. Learners will be well prepared for their placement as they will have practiced these skills under the supervision of their 4Life trainer in the 4Life simulation lab before commencing their vocational work placement.

Learners currently employed in an appropriate aged care workplace may complete their assessment requirements within their own workplace and may not need to find a host employer.

Workplace assessments consist of three individual parts:

a) Logbook, which requires the learner to document the hours worked including a range of practical tasks observed by their work buddy or supervisor.

b) Observation by their trainer while the learner carries out a variety of tasks while working with their residents and/or other team members.

c) Related written assessment tasks that vary from reflection to writing case notes and understanding the organisation’s policies, procedures and operations.

Please note work placement is not paid work.

Insurance

4Life College provides insurance cover for the compulsory work placement and will provide an insurance certificate to your host employer.

Additional Requirements

National Criminal Record Check

Prior to commencing work placement, students will be required to undertake a Criminal Record Check (CRC) to obtain a FULL National Police Certificate. Cost approx. $49.00. See nationalcrimecheck.com.au.

Learners need to apply at least 6 weeks prior to undertaking work placement.

Please note that the above costs are the responsibility of the student and not included in course fees.

Uniform: 4Life College provides learners on work placement with two (2) polo shirts.

Whilst on work placement learners are required to wear navy or black slacks/trousers/skirt and enclosed flat soled shoes (not sports runners). These costs are the responsibility of the learner.
Getting Here is Easy

Sydney – Australia
In the Heart of Sydney CBD

4Life College is located at Level 2, 269 Sussex Street, Sydney, with many nearby transport options including buses and trains. In the heart of the CBD you are close to Sydney Harbour, restaurants, cafes and shops galore.

Adelaide – South Australia
10 Minutes from Adelaide CBD

4Life College is located at Suite 9, 311 Glen Osmond Road, Glenunga. Surrounded by eateries and shops, just minutes from the Adelaide city centre, there are many bus links you can access to get you here quickly and easily.